



Luxury Body Sculpting/Contouring

Elite Pro Wellness Health & Beauty Center can help you get the toned body you've always wanted. Body contouring treatments are the best way to remove the stubborn fat that doesn't respond to diet and exercise. At Elite Pro Wellness Health & Beauty Center, we offer our clients an array of non-surgical body sculpting treatments that target problem areas of fat, loose skin and cellulite. We utilize modern and non-invasive techniques to treat most areas of the body, including the face and neck.

What is Non-Invasive Body Sculpting?

Non-Invasive Body Sculpting targets and kills fat cells in the body without surgery. It helps you lose fat and shape areas such as the abdomen, hips, thighs, and upper arms. Body sculpting can also help to tighten loose skin, reduce appearance of cellulite and promote lymphatic drainage and healthy blood circulation.

Body Sculpting is ideal for those who are close to their ideal weight looking to get rid of fat pockets and/or tighten loose skin. If your BMI is over 30 it may not yield as good results.

How does it work?

1. It works by using different types of treatments such as Ultrasound Cavitation, Radiofrequency, Laser Lipo and Vacuum Therapy to kill fat cells and visibly tighten skin. During this process the machine will heat and vibrate the layer of fat cells underneath the surface of the skin causing the fat cells to liquify and release the contents into the blood. From here, your body then processes and filters out the destroyed fat cells over the course of the next 3-4 months.

What are the different types of treatments?

There are several different types of body sculpting treatments available to you at Elite Pro Wellness Health & Beauty Center:

- **Ultrasonic Cavitation**

It is recognized as one of the leading non-invasive localized fat removal treatments today. It is a body shaping procedure that works by breaking down deep stubborn local

fat tissues, which are subsequently disposed of through the lymphatic and urinary systems.

- **Radiofrequency**

Radiofrequency heats tissue and stimulates the subdermal layers causing skin to thicken, it can decrease stretch marks and leave the skin firmer and tighter.

- **Laser Lipolysis**

The Laser Lipo treatment emits cold laser energy into the body tissues that is absorbed into the body to liquefy fat cells. The fat deposits are expelled through our body's natural metabolic process resulting in a smooth, tightened and sculpted appearance.

- **Vacuum Contouring Therapy**

Vacuum Contouring is used to improve blood circulation, reduce cellulite, smooth the underlying fat layers, and increase elasticity. Vacuum Therapy also helps mold the fat and contour the body.

- **Infrared Sauna Detox Blanket**

The Infrared Sauna blanket uses infrared rays to purify fat cells and burn calories. It helps to increase metabolism, flushes toxins from the body and improves blood circulation.

- **Wooden Therapy**

Refines your body with wood tools to help reduce cellulite and contour the butt, waistline and legs.

How long does a treatment take?

Depending on the type of treatment your body sculpting appointments may take anywhere from 30 minutes to an hour or more.

How often can it be done?

Treatments can be done every 72 hours at the most and should not be spread more than 1 week apart to achieve best results.

How many treatments will I need?

Individual results will vary, but usually we recommend that clients do 6-8 treatments for ideal results with a maximum of 12 before needing to take a 4 week break to allow your body to recover. You will usually see full results over the next 3 to 4 months.

How should I prepare for body sculpting treatments?

In order to receive the best results from your appointments, we recommend:

- Avoid eating a heavy meal the day of your treatment! **DO NOT** eat for 2 hours before your treatment
- **DRINK WATER!** Drinking water is crucial to aid in the flushing out of the broken down fat that is excreted through your lymphatic system. The day before your treatment, drink at least 2 liters of water.
- **DO NOT** consume caffeine, alcohol, or drink carbonated drinks the day before treatment.
- **DO NOT** wear any lotion or products on the area being treated.
- Shave any body hair in the area being treated.

What can I expect after Body Sculpting?

Since body sculpting is non-invasive, you can return to normal activities immediately following treatment. You may experience redness, swelling, or tenderness around the treatment area for a few days following the procedure but pain is very minimal.

Disqualification List

(If you have any of the below, you are not a candidate for these body treatments)

- Pregnant or currently breastfeeding
- Epileptic
- Clients with Malignancy or on Chemotherapy
- Clients who recently had surgery
- Those with heart diseases or with a heart pacemaker
- Clients that have kidney disease or gallstones
- If you have an embedded metal object (IUD, Stent, etc)
- If you are menstruating
- Sensitive to heat

Think body sculpting might be right for you? Our skilled staff is ready to work with you to tailor a treatment plan that is specifically for you? Contact us today to schedule your complimentary phone consultation or to [book an appointment!](#)

Pricing

CAVI-LIPO Packages

Cavi-Lipo sessions are individually customized for each client's needs utilizing ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing to ensure best results.

Single Session - 1hr 20 mins

\$175

(includes ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing)

SILVER PACKAGE

3 Sessions- 1 hr 20 mins per session

\$325

(includes ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing)

GOLD PACKAGE

6 Sessions- 1 hr 20 mins per session

\$525

(includes ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing)

PLATINUM PACKAGE

9 Sessions- 1 hr 20 mins per session

\$700

(includes ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing)

ELITE PACKAGE

12 Sessions- 1 hr 20 mins per session

\$950

(includes ultrasonic cavitation for fat removal, laser lipo for fat cell shrinking, radio frequency for skin tightening and vacuum therapy for cellulite smoothing, **waist trainer and meal plan prepared by Elite Pro Wellness' Master Personal Trainer**)

INFRARED SAUNA BLANKET PACKAGES

Laser Lipo & Sauna Detox - 1 hr 10 mins

(Includes 30 minutes laser lipo for fat shrinking and 30 minutes infrared sauna therapy which can burn up to 600 calories per 30 minutes)

1 sessions	\$95
3 sessions	\$225
6 sessions	\$400
8 sessions	\$525

THE MELTDOWN - 1hr 20 minutes

(Includes 30 minutes laser lipo for fat shrinking, 10 minutes vibration therapy and 30 minutes infrared sauna therapy which can burn up to 600 calories per 30 minutes)

1 session	\$105
3 sessions	\$235
6 sessions	\$410
8 sessions	\$535

Facial Treatment - 45 mins

\$100

(includes wood therapy, radio frequency, hot/cold hammer, LED Light)

Add-ons

Wood Therapy - 10 mins	\$25
Sauna Detox - 15 mins	\$25
Vibration Plate - 10 mins	\$15

Terms & Conditions:

These terms and conditions will apply to all sales and promotions advertised by Elite Pro Wellness Health & Beauty Center. Any additional terms and conditions relating to specific promotions will be available in the clinic.

PROMOTIONS

- Promotions can not be used in conjunction with any other offers
- Promotions apply only to full priced treatments.
- Promotions are not refundable or transferable between clients.
- Packages are not able to be split between clients.
- Treatment packages are not able to be altered.
- Promotional pricing will only apply to new bookings made and paid for during the promotion period.
- Promotional pricing will not apply to bookings already made.
- Promotions are for a limited time and are subject to availability. Elite Pro Wellness may end a promotion at any time without prior notice.
- Elite Pro Wellness therapists have the right to refuse treatment of any client in circumstances where the therapist deems the treatment to be unsuitable.

TREATMENT PACKAGES

- 90 days without scheduling or attending appointments after the 1st session date will result in termination of the package. NO REFUND!
- Elite Pro Wellness will use its best endeavors to have your treatment performed by the therapist of your choosing, there is no guarantee of this and refunds will not be given in the event a therapist is unavailable to perform your treatment.
- You must purchase your package in full, up front. We cannot give you our discounted package pricing if you want to pay per session.
- Package pricing is non-refundable/non-transferable/thirty-day expiration after the first session. So please make sure to read all policies and the disqualification list PRIOR to purchasing a package or booking an appointment.'
- For optimal results, it's best to do each session at a minimum 72 hours apart, Maximum 1 week apart. If you wait longer than 1 week between each session, you will not have the best results. Consistency is Key!

REFUND, CANCELLATION AND APPOINTMENT POLICY

All clients will be required to complete a consent form prior to their first appointment. Any changes to your circumstances, either your personal details or medical history must be advised

to our staff prior to any appointment. It is the client's responsibility to disclose all medical issues to Elite Pro Wellness. Elite Pro Wellness cannot be held liable for any unknown or undisclosed medical issues.

To ensure you get your full treatment we require you to arrive on-time to your appointment. If you are late, we may not be able to provide your full treatment. Any adjustment made to your treatment time due to late arrival will result in your being charged for the full appointment. In the event we are unable to perform your treatment due to late arrival you will be required to pay for the full treatment. In the case of prepaid treatments, the treatment will be forfeited.

Elite Pro Wellness does not provide refunds for products or services as a result of change of mind.

We require a minimum of a 24 hour notice for any body treatment appointment cancellation. If the appointment is rescheduled a minimum of 24 hours prior to your appointment day in the case of prepaid treatments, the treatment will be forfeited.

Additional Info

Results from treatments may take up to 12 weeks to show results and results will vary from client to client.

You must purchase your package in full, up front. We cannot give you our discounted package pricing if you want to pay per session.

Package pricing is non-refundable/non-transferable/thirty-day expiration after the first session. So please make sure to read all policies and the disqualification list PRIOR to purchasing a package or booking an appointment.

For optimal results, it's best to do each session at a minimum 72 hours apart, Maximum 1 week apart. If you wait longer than 1 week between each session, you will not have the best results. Consistency is Key!

We are only able to allow a maximum of ONE reschedule if you purchase a package. So please plan and book accordingly.

